

By participating in a quality Scouting program, we develop our youth members -

- Socially
- Physically
- Intellectually
- Emotionally
- Spiritually
- Thus, developing their Character

Together we call these areas of personal growth the SPICES.

Balanced personal growth and development in these areas means Scouting is creating great community members. Doing this doesn't mean having to always run programs based on all SPICES areas. Some activities could provide development in several of the SPICES areas, and sometimes different youth members will engage or develop in different ways during the same activity.

It's important that we review our programs and reflect on how a Scout, patrol or unit has developed in the six areas. It's critical that youth understand how they are learning and developing through Scouting, and are involved in meaningful reflection on their development in the six areas. Sometimes when reviewing, we might find that we have not covered an area of the SPICES well, so we choose to add extra activities to develop Scouts in that area during the next program cycle.

What's most important is Scouts identifying how they have grown during the program cycle and thus can identify their own personal progression.

How can we achieve this? The following is just one strategy to review the personal progression of our youth members in the SPICES areas.

### Step One

In patrols discuss the following questions and complete the attached worksheet before the next Section Council meeting. Use the SPICES I Statement for your section to help discussions. Joeys and Cubs would have an adult facilitating the discussion with the patrol.

### Questions

- During the last program cycle, what SPICES areas do you believe have been covered and how?
- How have members of your patrol have developed in these areas? Everyone should be able to give at least 2 responses.
- What SPICES haven't been covered and how could they be included in the next program?

### Step Two

At the next Section Council meeting, reflect on the feedback from each patrol and identify what SPICES areas have been covered well, what SPICES areas haven't been covered, and what SPICES need extra attention in the next program cycle.

# ACHIEVING THE SPICES



Patrol \_\_\_\_\_

Date \_\_\_\_\_

- During the last program cycle, what SPICES do you believe have been covered and how?
- How have members of your patrol have developed in these areas? (Everyone should be able to give at least 2 responses.)
- What SPICES haven't been covered and how could they be included in the next program?

Use the SPICES tables to review your program.

SPICES	Was it covered? (tick/mark)	How was it covered?	Which patrol members have developed and how?	How could the SPICES not covered be added to the program?
Social	(tick/mark)			
Physical				
Intellectual				
Character				
Emotional				
Spiritual				

Complete in patrols and then take to the next Section Council meeting.