

Joey Scout Milestones Supporting Personal Reflections



The purpose of the Milestone Personal Reflection is to assist Scouts and their mentors to identify personal development that has occurred by participating, assisting and leading activities as part of an Achievement Pathways Milestone.

The following questions provide some starting points for a discussion during a Milestone Personal Reflection. Feel free to use these, add to them, or change them to suit the needs of the individual in their personal reflection.

Personal reflection discussions should be quite short, can be conducted by youth and adults, and be as natural as practical. In addition to these questions, the SPICES cards and Method Flash cards may be useful.

These questions should not be thought of as a tick list where all questions must be answered in order for a Scout to achieve Milestones. Instead, these question prompts are designed for you to select ones that will help the Scout think about their experiences in Scouting and how they have developed. You are encouraged to adapt and change these questions, rephrase them, ask follow-up questions, and develop your own, to suit the situation and individual Scout.

It is useful for discussions to be held based on a recent game or activity, rather than a hypothetical event or experience. Encourage Scouts to give examples.

Some Joey Scout Question Prompts:

- What have you enjoyed about Joey Scouts over the last few months?
- The Australian Scout Law says Be Respectful, Do what is Right, Believe in Myself. How do you think you have lived by the Australian Scout Law in the last few weeks?
- What are some way you have shown respect to others?
- What have you done to help others have fun at Joey Scouts?
- What was your favourite [Community, Creative, Personal Growth, Outdoor] Challenge? Why? Tell me what you did. What did you learn from this?
- What did you learn from being a leader at [an activity or game]?
- What does 'Believe in myself' mean to you?
- What are some ways that you have 'done what is right'?
- Is there anything on the Unit Code you find hard to do? How can we work on this together?

On the next pages you will find some questions that relate to the Educational Objectives (SPICES) of Scouting that may be used in reflections.



Joey Scout Question Prompts



Social Development

Social development refers to belonging to a group, one's relationships with others, and understanding differences between people in small groups of peers, as well issues of diversity and inclusion in larger communities.

Becoming Aware	I am aware of myself	How do you know the right way to behave? How does your behaviour change when visiting a place like a hospital, compared to being at Joeys?
	I behave appropriately	How do you make new friends? What do you do to be welcoming to new Joey Scouts?
Interacting with Others	I make new friends by being kind and caring	What makes a game fair? How does it help everyone if games like tonight's are played fairly?
	I have a sense of fair play in games	How have you helped another person in a game? What made you do that?
Developing Relationships and Networks	I share with others	Why is it good to share ideas?
	I safely explore the local community with guidance	<p>How have you shown that you are kind and caring during Joey Scout activities?</p> <p>How have you shown that you share with others during Joey Scout activities?</p> <p>Tell me about your behaviour in recent activities. <i>Explain why it is important to behave well, be fair, and be considerate of others around you. Note that a good discussion could arise about the difference between behaving well "because I might get into trouble" and "because it's the right thing to do".</i></p> <p>How did you change what you were doing so that you would stay safe when we did our walk around the community?</p>

Joey Scout Question Prompts



Physical Development

Physical development refers to one's understanding of their body, including active care for health, wellbeing, and the pursuit of physical skills and fitness.

Being Healthy and Fit	I make an effort to follow guidelines to care for my body and develop good habits	What things do you do every day that are good for the health of your body? How can you be active when indoors? How do you help others when they are new to an activity?
	I can describe 'anytime' foods and 'sometimes' foods and how to be active	What can you tell me about how your body works to keep you alive and healthy? What different jobs do your organs do? What were some of the things we did that helped keep our internal organs healthy on the weekend adventure we just had? A bush walk for our heart and lung health, and/or fruit freely available for anytime snacks, for instance.
	I can identify the main organs of the body and how they interact to keep us alive.	Can you compare the foods that we can eat anytime with the foods that we should just eat sometimes? Why are some better than others for your body's health?
Being Adventurous	I participate in new and active activities	How are you adventurous when you are at Scouts? What are some things that you have tried that are new to you? How do you feel about trying new things such as this?
	I understand the importance of safety when participating in activities	Can you give some examples of how you, your patrol, or your unit have gone about caring for the environment you have just adventured into? Why is this important?



Intellectual Development

Intellectual development refers to one's ability to think, plan, innovate, review and be creative, applying information, knowledge, and skills in new and different circumstances.

Acquiring new information	I show an interest and I respond to activities presented	What have you recently shared with others? What made you do that? Which activities have you found interesting at Joeys recently? What makes them interesting to you?
Showing Initiative	I share relevant stories and experiences and discuss possible solutions to situations and problems	How do you feel when an activity has to be changed or cancelled? What do you do when this happens? Why is it important not to give up, even if some things change? How have you helped another person come up with a new idea?
Being Adaptable	I continue to participate in activities when plans are changed	What are your strengths at school and at Joey Scouts? What do you do well? What do you like to do at home that interests you like a hobby?
Planning and Reviewing	I identify my personal interests and abilities I contribute ideas and participate in reflection	When the Joey Scout Unit is talking about ideas for activities to do in the future, how do you contribute ideas? What about when the Unit is talking about how well things we have done went? In what way were your suggestions helpful to the Unit's conversation? Can you think of a problem you had in Joey Scouts? How did you go about solving it?

Joey Scout Question Prompts



Character Development

Character development refers to the pursuit of personal best. It includes positive attitude, responsibility, respect, and making an effort beyond what benefits oneself. It encapsulates personal growth in the five other SPICES.

Developing Identity	I am beginning to identify my strengths and have a willingness to give everything a go	Can you tell me about a time when you had to really try hard to do your best at a Joey Scout activity? What did you have to say to yourself to make yourself try hard?
	I attempt to do my best	What are you good at? How did you become so good? How can you help others who aren't as good as you? How do you know you have done your best?
Showing Autonomy	I accept duties respectfully and courteously I believe in my ability to complete a task	What tasks were you assigned to do on our last adventure? How did you feel about having to do them? How did those tasks help your patrol or our unit? How did that make you feel?
Demonstrating Commitment	I fulfil tasks that I undertake to the best of my ability	What does making a commitment mean to you?



Emotional Development

Emotional development refers to the need for understanding of one's own emotions and the emotions of others. It includes awareness of how a person is feeling, expressing emotions in a positive manner, as well as respecting and supporting the emotional needs of others.

Being Emotionally Aware	I am beginning to understand my feelings and those of others	Tell me about a time in Scouts when you have felt really happy about something you have achieved. What made you feel that way? What about a time you were upset or frustrated about something? Why is it important to let people know how you're feeling?
Expressing One's Feelings	I can identify different feelings and share how I'm feeling with others	What can you do to help a friend who is angry or sad? How do you know what other Scouts are feeling about an activity? What do you do to help other Scouts with their feelings?
Showing Respect	I can adapt to relationships within the small group	What do you do when you are in your patrol and you find that some people disagree with you?

Joey Scout Question Prompts



Spiritual Development

Spiritual Development

Spiritual development refers to the development of a person's beliefs regarding their purpose in life, connection to others, place in the world around them, while respecting the spiritual choices of others.

	I appreciate the world around me	What are some of the great things about being in the outdoors and nature? What is it about the world that makes it pretty amazing to you?
Exploring beliefs	I know if my parents have a belief system	When was the last time you thought about a person outside your family who might have needed some help? What did you do?
Stopping for reflection	I appreciate that the Scout Promise and Law should play a part in guiding my life I know that I am part of something bigger than myself	Does the Scout Promise and Law help you think about how you lead your life each day? Tell me an example. When you make the Scout Promise, you have to say "on my honour". What does that mean to you? How do you try to do what is right in the things you do every day? Why is this important to you?
Respect for others	I know that others may have different beliefs to me about life I know that others have different social and cultural backgrounds to me I know that my community has many different people in it	What can you learn from different people in the community? What sorts of jobs do they do? What sort of experiences in life might they have had? <i>This could explore cultural backgrounds, experiences of the elderly, community supporters, spiritual leaders, other youth organisations, and so on.</i> Who are the important people in your life? Why are they important? In what ways are your fellow Joey Scouts important people in your life? What sorts of things do you look forward to happening in your life? What might you be able to do when you are 10? What about when you are 20?
Being thankful	I appreciate the complexity and awe-inspiring nature of the natural and human worlds I identify the people that are most important in my life I know that many opportunities are available to me throughout my life	