THE RESIDENT AND Project goals

NEW YORK THE RESIDENT AND PROJECT GOALS

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## ADVENTURE AND SPORT

PROFICIENCY BADGE

### **ATHLETE**

#### PROJECT STATEMENT

"Challenge yourself to improve at both the theory and practice of athleticism in an age appropriate way"

#### POSSIBLE PROJECT GOALS

- » Improve over a 3-month period at a 50m sprint, a 200m run, throwing and catching a hard ball, being able to hit a ball with a bat/racquet, a standing long jump, a running start long jump.
- » Talk about why exercise and stretching are important.
- » Name some Australian athletes and their sports.

#### PROFICIENCY BADGE

### **SPORTS**

#### PROJECT STATEMENT

"Develop yourself in a sporting capacity and share your newfound skills and knowledge with your Patrol"

- » Explain to your Patrol Leader/Mentor what is a good sporting attitude.
- » Show a good sporting spirit in all Cub Scout activities.
- » To your Patrol/Unit/Group, state the rules or laws of two sports.
- » These may be team or individual sports.
- » Take part regularly in and show reasonable proficiency at one of the sports you have explained.
- » Discuss the importance of training, warming up, cooling down and changing after your game.



## **ARTS AND LITERATURE**

PROFICIENCY BADGE

### **ART AND DESIGN**

PROJECT STATEMENT

"Create a series of art pieces, and learn about art in new ways that you have not done before"

#### POSSIBLE PROJECT GOALS

- » Create an artistic piece, such as still life, free hand sketch, landscape or a cartoon.
- » Create an artwork that tells a story, using a technique such as incorporating natural objects, collage, montage, rubbings, printing, painting.
- » Visit an Art Gallery and talk with your Patrol Leader/Mentor about some of the paintings/displays that you liked.

PROFICIENCY BADGE

### **COLLECTOR**

PROJECT STATEMENT

"Create an age appropriate collection and discover how to maintain and grow your collection"

- » Create an organised collection of a group of objects for at least 3 months.
- » Choose some objects you would like to collect, and talk with your Patrol Leader /Mentor about what makes these objects interesting.

## **ARTS AND LITERATURE**

PROFICIENCY BADGE

## **ENTERTAINER**

#### PROJECT STATEMENT

"Expand your knowledge of what it takes to be an Entertainer by entertaining your Unit/Group/Patrol"

#### POSSIBLE PROJECT GOALS

- » Entertain your Pack/Audience with a piece of prose/verse/poetry you have memorised.
- » Learn three different magic tricks.
- » Perform a short skit or play with your Patrol.
- » Attend a performance by an amateur or professional group and talk with your Mentor/Patrol Leader about it.

PROFICIENCY BADGE

### **HANDCRAFT**

#### PROJECT STATEMENT

"Create handcrafts in techniques you were not competent in beforehand"

- » Complete a project from the category of Fibre
- » Complete a project from the categories of Wood/Metal
- » Complete a project from the categories of Plastic/Leather
- » Complete a project from the categories of International Culture
- » Discuss with your Patrol Leader/Mentor regarding the project you have done

## ARTS AND LITERATURE

PROFICIENCY BADGE

## LITERATURE

#### PROJECT STATEMENT

"Expand your reading and writing ability and share what you learn with others"

#### POSSIBLE PROJECT GOALS

- » Read six books by different authors.
- » Write a new and different ending to one of these books.
- » Visit a library and explain to your Patrol Leader Mentor the different kinds of books in a library, how to use a library, and how to care for books.
- » Write a short poem, or description of a book.

PROFICIENCY BADGE

## MASKS AND SCULPTURE

#### PRO IFCT STATEMENT

"Learn about other cultures and artistic methods by creating masks and sculptures"

- » Make an animal/performing mask
- » Fold some origami shapes.
- » Construct a clay item such as a pot
- » Make a soap carving.
- » Choose two pieces of art and tell your Patrol Leader/Mentor why you like them.

## **ARTS AND LITERATURE**

PROFICIENCY BADI MUSICIAN

#### PROJECT STATEMENT

"Learn to play and care for a musical instrument"

#### POSSIBLE PROJECT GOALS

- » Spend at least one month learning a musical instrument, such as voice, saxophone, guitar or recorder.
- » Perform this instrument to an audience

PROFICIENCY BADGE

### **PHOTOGRAPHY**

#### PROJECT STATEMENT

"Learn about photography and the skills/techniques required in ways you did not know before"

- » Show your Patrol/Unit/Group how to hold and trigger a simple camera of your choice, and explain how to use a viewfinder and explain the importance of keeping still while taking a photograph.
- » Take six photographs based on a theme of your choice and mount them to display a sequence of events or a story.
- » Take six photographs of one subject in varying light conditions such as direct sunlight, shade, cloud cover, indoor lighting, or campfire.
- » Mount the photographs on display.
- » With your Mentor/Patrol Leader explain what you liked and disliked about the results of your photographs.
- » Show all the photos you have displayed to your Patrol/Unit/Group.

## ARTS AND LITERATURE

PROFICIENCY BADGE

**COOKING** 

PROJECT STATEMENT

"Challenge yourself to learn about the theory and practice of cooking"

- » Talk with your Patrol Leader/Mentor about the basic rules of hygiene and safety in the kitchen.
- » Prepare your own breakfast consisting of at least one hot dish and a drink.
- » Wash up and put away the dishes and leave the food preparation area clean and tidy.
- » Cook a batch of baked items, or a 2-course dinner, for yourself and one other person.

## CREATING A BETTER WORLD

PROFICIENCY RADGE

### ANIMALS AND BIRDS

#### PROJECT STATEMENT

"Do a series of activities and adventures that help you learn about the local environment, and help you teach others about the local environment".

#### POSSIBLE PROJECT GOALS

- » Identify & learn about six breeds of farm animals, 3 feral Australian animals, and 5 native animals.
- » Learn about how these animals live, and what other animals and plants they interact with.
- » Learn about 5 birds found in your local area.
- » Draw/colour a picture of one of these birds.
- » Listen to and remember the songs of 3 birds.
- » Discuss some dangers to native birds from humans and animals.

### PROFICIENCY BADGE

### **CITIZENSHIP**

#### PROJECT STATEMENT

"Learn how to be a better citizen in your local community, and do some activities that help you be a better citizen"

- » Talk about some ways a person not born in Australia can become an Australian Citizen.
- » Name two organisations in your community that help people, and talk about these with your Mentor/Patrol Leader.
- » Talk with your Mentor/Patrol Leader about 4 things that people can do to be good people, and if you do these things.
- » Carry out a special good turn 3 times during a month for someone who is not a member of your family.



## CREATING A BETTER WORLD

PROFICIENCY BADGE

### **GARDENER**

#### PROJECT STATEMENT

"Grow and care for plants to expand your personal gardening skills, and improve your knowledge of gardening"

#### POSSIBLE PROJECT GOALS

- » Grow a plant (flower, vegetable or indoor plant) and care for it for one month.
- » With your Patrol Leader/Mentor, discuss plants that are suitable for your area and which ones you would like to grow and why.
- » Weed your family or community garden for plants that are not welcome.

PROFICIENCY BADGE

### WORLD FRIENDSHIP

#### PROJECT STATEMENT

"Learn about, and form a connection with the world/cultures around the world"

- » Keep a scrapbook about another country of your choice and include information about it such as a map, a flag, cultural information, and one famous person who originates from there.
- » Find out if Scouting exists in the Country you have chosen.
- » If it does, draw a picture of the Scout Badge and place it in your scrapbook.
- » Explain what the United Nations is and some of the work it does around the world.



## **ENVIRONMENT**

PROFICIENCY BADGE

## ANIMALS AND BIRDS

#### PROJECT STATEMENT

"Do a series of activities and adventures that help you learn about the local environment, and help you teach others about the local environment".

#### POSSIBLE PROJECT GOALS

- » Identify & learn about six breeds of farm animals, 3 feral Australian animals, and 5 native animals. Learn about how these animals live, and what other animals and plants they interact with.
- » Learn about 5 birds found in your local area.
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#### PROFICIENCY BADGE

### **NATURALIST**

#### PRO IFCT STATEMENT

"increase your level of understanding of the natural world through small careful observations and interactions"

- » Make a plaster cast of three kinds of leaves, and also three animal tracks.
- » Collect, mount and label five kinds of rocks or shells.
- » Make a list of five different living things other than plants that you have found in the garden. Sketch, photograph or record them where they were.



# SPECIAL INTEREST AREA ENVIRONMENT

PROFICIENCY BADGE

**PETS** 

PROJECT STATEMENT

"Build a bond with a pet over a period of time as you care for it"

- » Take care of pets for at least two months and discuss with your Mentor/Patrol Leader what you did.
- » List the food needed to keep your pet healthy.
- » Find out about two diseases, which could affect your pet.
- » Discuss these with your Mentor/Patrol Leader and how to prevent them.
- » List six animals/birds that you could keep as pets. Explain to your Mentor/Patrol Leader the reasons for your choices.

## GROWTH AND DEVELOPMENT

PROFICIENCY BADGE

### **CITIZENSHIP**

#### PROJECT STATEMENT

"Learn how to be a better citizen in your local community, and do some activities that help you be a better citizen"

#### POSSIBLE PROJECT GOALS

- » Talk about some ways a person not born in Australia can become an Australian Citizen.
- » Name two organisations in your community that help people, and talk about these with your Mentor/Patrol Leader.
- » Talk with your Mentor/Patrol Leader about 4 things that people can do to be good people, and if you do these things.
- » Carry out a special good turn 3 times during a month for someone who is not a member of your family.

PROFICIENCY BADGE

### COOKING

#### PROJECT STATEMENT

"Challenge yourself to learn about the theory and practice of cooking"

- » Talk with your Patrol Leader/Mentor about the basic rules of hygiene and safety in the kitchen.
- » Prepare your own breakfast consisting of at least one hot dish and a drink.
- » Wash up and put away the dishes and leave the food preparation area clean and tidy.
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## GROWTH AND DEVELOPMENT

PROFICIENCY BADGE

### **FISHING**

#### PROJECT STATEMENT

"Become a fisher and discover the techniques required to catch fish"

#### POSSIBLE PROJECT GOALS

- » Identify 5 fish caught in the area you go fishing.
- » Rig a fishing line with a hook and sinker and use it.
- » Go fishing with an adult or age-appropriate older youth member, bait a hook and attempt to catch a fish.
- » Talk with your Mentor/Patrol Leader about where to obtain a fishing license for your area.
- » Find out about some laws about fishing near where you live.
- » Discuss with your Patrol Leader/Mentor some of the safety precautions you should take when fishing.

#### PROFICIENCY BADGE

## INTERNATIONAL CULTURE

#### PROJECT STATEMENT

"Learn about ancient cultures and countries in an interactive and practical way, sharing your knowledge with others along the way"

- » Choose a country and find out the names of two ancient cultures and the areas they live/lived in.
- » Draw a map showing this and the flag of this country.
- » Tell a legend from one of these cultures to your Patrol.
- » Research these cultures and find out what they lived in, what they wore, what they ate and what they did on a day to day basis in their traditional lifestyle.
- » Make a craft, model or artefact from one of these cultures.



## GROWTH AND DEVELOPMENT

PROFICIENCY BADGE

## **MUSICIAN**

PROJECT STATEMENT

"Learn to play and care for a musical instrument

#### POSSIBLE PROJECT GOALS

- » Spend at least one month learning a musical instrument, such as voice, saxophone, guitar or recorder.
- » Perform this instrument to an audience

PROFICIENCY BADGE

**PETS** 

PROJECT STATEMENT

"Build a bond with a pet over a period of time as you care for it"

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## GROWTH AND DEVELOPMENT

PROFICIENCY BADGE

### **PHOTOGRAPHY**

PROJECT STATEMENT

"Learn about photography and the skills/techniques required in ways you did not know before"

- » Show your Patrol/Unit/Group how to hold and trigger a simple camera of your choice, and explain how to use a viewfinder and explain the importance of keeping still while taking a photograph.
- » Take six photographs based on a theme of your choice and mount them to display a sequence of events or a story.
- » Take six photographs of one subject in varying light conditions such as direct sunlight, shade, cloud cover, indoor lighting, or campfire.
- » Mount the photographs on display.
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- » Show all the photos you have displayed to your Patrol/Unit/Group.

## GROWTH AND DEVELOPMENT

PROFICIENCY BADGE

**SPORTS** 

#### PROJECT STATEMENT

"Develop yourself in a sporting capacity and share your newfound skills and knowledge with your Patrol"

#### POSSIBLE PROJECT GOALS

- » Explain to your Patrol Leader/Mentor what is a good sporting attitude.
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- » These may be team or individual sports.
- » Take part regularly in and show reasonable proficiency at one of the sports you have explained.
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PROFICIENCY BADGE

### **TRAVELLER**

#### PROJECT STATEMENT

"Explore the world around your local community. Improve your travelling skills and logistical abilities"

- » With your Patrol Leader/Mentor talk about 4 places of interest in your area that you would show to a person visiting you.
- » Give an illustrated talk to your Patrol/Unit/Group about a holiday you have had away from your hometown.
- » Use a map of your City/Town to plan a day trip to some interesting places you would like to visit with your Unit/Group/Patrol.
- » Plan and undertake a trip of approximately 50 kilometres with an Adult Leader/Mentor/Patrol using public transport.
- » Talk about this trip to your Patrol/Unit/Group.



## STEM AND INNOVATION

PROFICIENCY RADGE

## CODES AND SIGNALS

#### PROJECT STATEMENT

"Learn about, and do, some activities surrounding and methods of making and breaking codes"

#### POSSIBLE PROJECT GOALS

- » Write a message in invisible ink.
- » Show your understanding of a code alphabet by writing a message of at least 12 words.
- » Use the international Phonetic Alphabet to spell your name.
- » Talk with your Mentor/Patrol Leader about why passwords are important.

PROFICIENCY BADGE

### COOKING

#### PROJECT STATEMENT

"Challenge yourself to learn about the theory and practice of cooking"

- » Talk with your Patrol Leader/Mentor about the basic rules of hygiene and safety in the kitchen.
- » Prepare your own breakfast consisting of at least one hot dish and a drink.
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## STEM AND INNOVATION

PROFICIENCY BADGE

## **ENGINEER**

#### PROJECT STATEMENT

"Discover and learn about simple/basic machines in theory and practice"

#### POSSIBLE PROJECT GOALS

- » With your Patrol Leader/Mentor, name and explain the use of 5 different kinds of machines such as trucks and farm equipment.
- » Explain some simple machines such as a wedge and lever.
- » Talk with your Mentor/Patrol Leader about what solar power is.
- » Make a small model of a boat that can float.

PROFICIENCY BADGE

### **FLIGHT**

#### PROJECT STATEMENT

"Investigate the concepts of flight in a practical and age appropriate manner"

- » Know and understand the safety rules for flying kites.
- » Make and fly a glider, box kite or diamond kite.
- » Make and test a model parachute.
- » Draw and label the parts of a hot air balloon and explain how a hot air balloon flies to your Patrol Leader/Mentors.

## STEM AND INNOVATION

PROFICIENCY BADGE

## **HANDYWORKER**

#### PROJECT STATEMENT

"Improve your ability to help your family around the house in a fun, safe and challenging way"

#### POSSIBLE PROJECT GOALS

- » Demonstrate how to use a washing machine, dishwasher (or sink and cleaning equipment) and a vacuum cleaner.
- » Show how to clean and care for a wood working tool that you have used.
- » Repair an item related to wood work you have used.
- » Demonstrate the safe use, cleaning and care of gardening/outdoor tools such as a rake, spade, watering can and wheelbarrow.
- » Prepare an area for a garden bed with the removal/relocation of soil and rocks and appropriate use of garden tools.

PROFICIENCY BADGE

### **SCIENTIST**

PROJECT STATEMENT

"Discover the concept of the scientific method and perform experiments using it"

- » State the safety precautions you should take when you are working on an experiment.
- » List three different areas of science and explain what is studied in each area.
- » Perform an experiment that shows either a simple chemical reaction, a magnetic field or a growing plant.
- » Find out about a famous scientist and how their work has affected the world.



## STEM AND INNOVATION

PROFICIENCY BADGE

**SPACE** 

PROJECT STATEMENT

"Investigate about space and its exploration by creating models and observing space vehicles"

#### POSSIBLE PROJECT GOALS

- » Observe a satellite, space station, or space rocket and record the time of the sighting and its path across the sky.
- » Draw a diagram or create a model of our solar system showing the planets, their sizes and distances from the sun.
- » Identify the Southern Cross (or Orion) and demonstrate to your Patrol, Unit or Group how to find due south/due north.
- » Make a pinhole planetarium, and show how to use it with your Patrol/Unit/Group.

PROFICIENCY BADGE

WEATHER

PROJECT STATEMENT

"Through observation and recording, learn about the weather cycles and events that happen near your local area"

- » Observe the weather conditions at the same time each day for seven days and record the conditions on a chart.
- » Include temperature, cloud cover, wind direction and speed, rainfall and any other special weather events.
- » Make some kind of weather recording instrument such as a rain gauge to help you with these recordings.
- » Explain why it rains and why it sometimes does not rain for a long time.
- » Name and draw three different types of clouds.



### IN OTHER PARTS OF THE PROGRAM

Bushcraft, Canoeing, Cyclist, First Aider, Sailing, Swimmer are covered by Outdoor Adventure Skills.

### **NO LONGER RELEVANT**

Information Technology, not applicable to youth.

